Preparing for Exams



1. Be organised and proactive.

Preparation tips for exam success



2. Use a variety of active learning strategies.



3. Maintain balance

Tip 1: Be Organised and Proactive









Check your exam requirements

Develop a regular study schedule early

Break study into manageable amounts – set goals

Organise your study space and minimise distractions

Tip 2. Use variety of active learning strategies

Organise your notes and review regularly to improve retention.

Summarise information into your own words to help with understanding.

Make you own flashcards and quiz questions.

Time yourself answering practice questions.

Record & organise information in a variety of ways e.g. mind maps and sketch-noting.

Highlight or
underline important
information
Use post it notes,
Make margin notes.

Tip 3. Balance study and self - care



